



## **DOMONIQUE McCORD**

*Director of Behavioral Health Services*

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Domonique F. McCord is currently the Director of Behavioral Health for the Metropolitan Peace Initiative, Metropolitan Family Services.

For the last fifteen years Domonique has created space for mental health and healing through her continued work in therapy and wellness. Driven by her passion to help others realize their own potential, Domonique believes that partnerships can build bridges and offer healing for mind, body and spirit. And as a licensed clinical social worker, she understands the interconnectedness of individuals communities and society at large.

Nearly 10 years ago Domonique utilized her experiences in providing clinical services for nonprofit settings to found DFM Wellness Alliance, an organization dedicated to holistically building individual and community capacity. The DFM Wellness Alliance mission involves using therapy to help clients find balance within stressful, ever-changing lives and develop skills for professional and personal growth. Through the DFM Wellness Alliance Domonique offers an array of mental health services to individuals, couples, families and people all ages. Along with three other clinicians, Domonique cultivates multidisciplinary practices and creates treatment for issues such as: marital conflicts, parent-children conflicts, mood and behavioral disorders, ADD, autism and PTSD. Furthermore, Domonique counsels clients using individually tailored, and solution-focused techniques to identify their own strengths and offer more personal therapeutic services.

Before founding DFM Wellness Alliance, Domonique held many positions. She worked as a Coordinated School Health Specialist for Chicago Public Schools and served as both Director of Community Programs and as an Affiliate Therapist for the Family Institute at Northwestern University. In the past she was a Master Practitioner for the University of Chicago's School of Social Service Administration.

Currently Domonique is an adjunct instructor for Northeastern Illinois University, a field consultant at the University of Chicago, and a supervisor of Metropolitan Family Services' violence prevention initiative Communities Partnering 4 Peace (CP4P). Domonique also has a Bachelor of Science from Northwestern University, a Master of Social Work from the University of Chicago, and is currently completing certification to become a Trauma and Depression Specialist.